



BUNS ARE NOW PRODUCED IN A PEANUT FREE PLANT. ROLLS ARE PRODUCED IN A PLANT WHICH HAS EGG & MILK PRODUCTS.
PEANUT DAYS ARE 3/12/19



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

WE ARE AN EQUAL OPPORTUNITY PROVIDER

SOMETIMES WE HAVE TO SUBSTITUTE OUR MENU. WE ALWAYS GUARENTEE A COMPLETE NUTRITIOUS MEAL. THANK YOU FOR UNDERSTANDING

BREAKFAST IS SERVED AT ALL SCHOOLS DAILY

- *Chicken Fajita W/G Shell 1
- *Carrots w/Ranch
- *Fruit Mix
- *Low Fat Milk

- *Hot dog W/G Bun 4
- *Ketchup & Mustard
- *Mixed Vegetables
- *Mixed Berry Cup
- *Low Fat Milk

- *BBQ Rib W/G Bun 5
- *BBQ Sauce
- *Carrots W/Ranch
- *Applecrisp
- *Low Fat Milk

- *Pizza Crunchers 6
- *Broccoli
- *Fruit Mix
- *Low Fat Milk

- *Cheeseburger Meatloaf 7
- *Loaded Mashed Potatoes
- *Strawberry Cup
- *W/G Roll W/Butter
- *Low Fat Milk

- *Mac & Cheese 8
- *Chopped Romaine W/Ranch
- *Pears
- *Low Fat Milk

- *Chicken Quesadilla 11
- *Fiesta Beans
- *Apple slices
- *Chocolate Brownie Batter Pudding
- *Low Fat Milk

- *Chicken Pattie W/G Bun 12
- *Mayo *Peas
- *Mixed Berries
- *M&M Cookies
- *Low Fat Milk

- *Spaghetti W/Meat sauce 13
- *Chopped Romaine W/Ranch
- *Strawberry Cup
- *Garlic Bread
- *Low Fat Milk

- *Pork Chop Patty 14
- *Mashed Potatoes
- *Fruit Mix
- *W/G Roll W/Butter
- *Low Fat Milk

- *Cheese Pizza 15
- *Carrots W/Ranch
- *Pears
- *Low Fat Milk

- *Shamrock Chicken Nugget 18
- *Ranch *Dragon juice
- *Shamrock Pretzel W/Cheese
- *Shamrock Frozen Juice Cup
- *Low Fat Milk

- *Lasagna W/Meat sauce 19
- *Chopped Romaine W/Ranch
- *Mixed Berry Cup
- *Low Fat Milk

- *Pulled Pork Sandwich 20
- W/G Bun *BBQ Sauce
- *Corn
- *Apple Sauce Cup
- *Low Fat Milk

- *Oven Baked Chicken 21
- *Loaded Mashed Potatoes
- *Fruit Mix
- *W/G Roll W/Butter
- *Low Fat Milk

- *Grilled Cheese 22
- *Broccoli
- *Peaches
- *Oatmeal Cookie
- *Low Fat Milk

- *Meatball Sub W/Mozz Chs 25
- *Chopped Romaine W/Ranch
- *Apple Sauce Cup
- *Low Fat Milk

- *Tator Tot Casserole 26
- *Green Beans
- *Mixed Berry Cup
- *Garlic Bread
- *Low Fat Milk

1/2 DAY 27
SCHOOL IMPROVEMENT DAY
BREAKFAST WILL BE SERVED

- *Creamed Chicken 28
- *Loaded Mashed Potatoes
- *Strawberry Cup
- *W/G Roll W/Butter
- *Low Fat Milk

- *Bosco Sticks W/Marinara 29
- *Corn
- *Fruit Mix
- *Low Fat Milk