



BUNS ARE NOW PRODUCED IN A PEANUT FREE PLANT. ROLLS ARE PRODUCED IN A PLANT WHICH HAS EGG & MILK PRODUCTS.
****PEANUT DAYS ARE 2-7-19****



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



WE ARE AN EQUAL OPPORTUNITY PROVIDER.

Tuesday

SOMETIMES WE HAVE TO SUBSTITUTE OUR MENU. WE ALWAYS GUARENTEE A COMPLETE NUTRITIOUS MEAL. THANK YOU FOR UNDERSTANDING.

Wednesday

BREAKFAST IS SERVED AT ALL SCHOOLS DAILY.

Thursday

Friday

CHICKEN & WAFFELS 1
 *Chicken Tenders W/G Waffle
 *Syrup
 *Carrots w/Ranch
 *mixed Berry Cup
 *Low Fat Milk

*Chicken Chili **4**
 *Fritos
 *Applesauce cup
 *Brownies
 *Low Fat Milk

*Hot dog W/G Bun **5**
 *Ketchup & Mustard
 *Corn
 *Fruit Mix
 *Low Fat Milk

*Meatball Sub W/Mozz Chs **6**
 *Chopped Romaine W/Ranch
 *Mixed Berry Cup
 *Low Fat Milk

*Cheeseburger Meatloaf **7**
 *Loaded mashed Potatoes
 *Pears *Chocolate Cupcake
 *W/G Roll w/Butter
 *Low Fat Milk

*Mac & Cheese **8**
 *Green Beans
 *Strawberry Cup
 *Sugar Cookie
 *Low Fat Milk

*Taco Pizza **11**
 *Shred Lettuce & Diced Tomatoes
 *Dragon Juice
 *Fruit Mix
 *Low Fat Milk

*Hot Ham & Cheese W/G Bun **12**
 *Mixed Vegetables
 *Apple slices W/Carmel
 *Low Fat Milk

*Corndog on a stick **13**
 *Ketchup & Mustard
 *Carrots W/Ranch
 *Peaches
 *Low Fat Milk

*Heart Shaped Chicken nuggets W/BBQ **14**
 *Corn
 *Heart shaped Pretzel W/Cheese
 *Valentine frozen Juice Cup
 *Low Fat Milk

*Cheese Burger W/G Bun **15**
 *ketchup & Mustard
 *Baked Beans
 *Mandarin Oranges
 *Low Fat Milk

NO SCHOOL 18
PRESIDENTS DAY

*Confetti Pancakes W/Syrup **19**
 *Sausage link
 *Tator Tots W/Ketchup
 *Orange Juice
 *Low Fat Milk

*Grilled Chicken Sandwich **20**
 *W/G Bun *Swiss Cheese
 *Carrots W/Ranch
 *Blueberries W/White Cake
 *Low Fat Milk

*Oven Baked Chicken **21**
 *Loaded Mashed Potatoes
 *Strawberry Cups
 *W/G Roll W/Butter
 *Low Fat Milk

*Cheese & Sausage Pizza **22**
 *Chopped Romaine W/Ranch
 *Fruit Mix
 *Low Fat Milk

*Chicken Alfredo W/G Noodles **25**
 *Green Beans *Garlic Bread
 *Mixed Berry Cup
 *Low Fat Milk

*Chicken Patty W/G Bun **26**
 *Mayo *Mixed Vegetables
 *Apple sauce Cup
 *Snickerdoodle *Low Fat Milk

1/2 DAY 27
SCHOOL IMPROVEMENT
BREAKFAST WILL BE SERVED

*Creamed Chicken **28**
 *Loaded Mashed Potatoes
 *Peaches *W/G Roll W/Butter
 *Low Fat Milk

